BRITISH KARATE GUILD

NEWSLETTER JUNE 2024







BKG INTERNATIONAL SUMMER CAMP

From Friday 9th to Sunday 11th Aug. Book your place now to avoid disappointment! Email: Bkg.kyokushin@gmail.com for an application form.

BKG/WKG Members - £110 Non Members - £125 BKG Main Dojo Instructors -



WKG GRADING

Congratulations to our successful candidates at the recent WKG grading held last month.

Senpais Chris Da Costa & Max Da Costa from Ilford Dojo & Neli Tsenova from Docklands Dojo have been promoted to the rank of Ni Dan. We also have a new Senpai, Govindrai Singh Cheema, from Gravesend Dojo. Future applications for 1st kyu and above should be submitted via the dojo instructor to the BKG

CHELMSFORD DOJO -BEACH TRAINING
Sunday 7th July - Frinton Beach, Essex



CAMP INSTRUCTORS: Shihans, Da Costa, Warden, Ntumazah, Wybrow & Stringer.



"What you have been taught by listening to others' words you will forget very quickly; what you have learned with your whole body you will remember for the rest of your life." ~ Gichin Funakoshi









Get ready for this year's British Karate Guild Open at the iconic Crystal Palace National Sports Centre, London, the Home of Full Contact Karate.

Entry for this event is now open!. Enter via the following link: https://smoothcomp.com/en/event/17311 or scan the QR code

Please note there is a special discount available to all World Karate Guild participants in this event. Please email bkg.kyokushin@gmail.com to collect your code.

CALENDAR OF EVENTS

CHELMSFORD DOJO BEACH TRAINING

Sunday 7th July 11am - 2pm
Frinton Beach, Essex,
Contact Shihan Stuart Wright for full
details. Email: sjwright1957@gmail.com
FREE training

INTERNATIONAL KYOKUSHIN SUMMER TRAINING CAMP

Friday 9th to Sunday 11th August 2024
Essex Outdoors, Danbury,
CM3 4AB
Full board & Training only
£110 for BKG/WKG members,
£125 for non members.
FREE for BKG Main Dojo Instructor!

THE II BKG OPEN INTERNATIONAL KNOCKDOWN CHAMPIONSHIPS

Saturday 9th November 2024 Crystal Palace National Sports, SE19 2BB

BKG WINTER BALL

Saturday 1st February 2025

Novotel Hotel

Round Coppice Rd

Stansted CM24 1SF