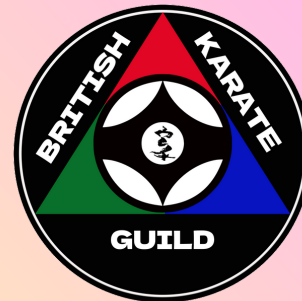


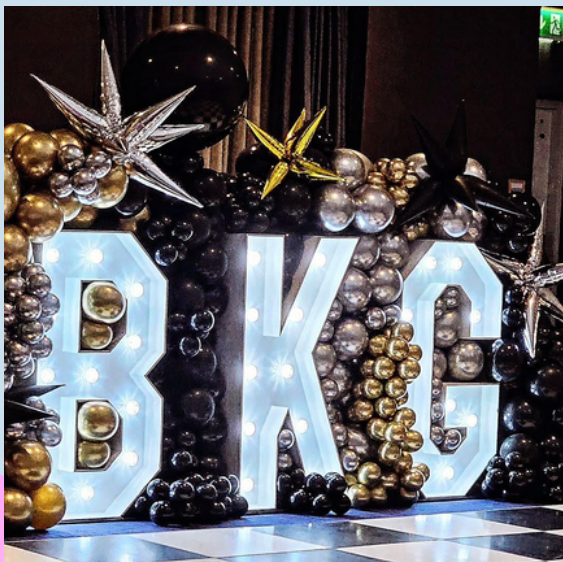
BRITISH KARATE GUILD

NEWSLETTER FEBRUARY 2024



Our High Grade Skills Seminar is being held this Sunday, 4th February, from 11am until 2.30pm, at Bu'sen Dojo, Twickenham, TW2 5NP. Join Shihans Da Costa, Warden, Ntumazah, Whybrow & Stringer for 3 hours of kihon and kata before Senpai Bryn Hughes MBE delivers a safeguarding refresher.

This is FREE for all BKG members - £20 for non-members - and we encourage all brown belts and above to make every effort to attend. It will be invaluable preparation for anyone attempting National Grading this year.



Thank you!

We would like to thank everyone who attended and supported the BKG Winter Ball 2024.

It was a great success, and we hope you all enjoyed the event!

Special thanks to Micheal Watson MBE, John Conteh MBE, and Bryn Hughes MBE for sharing your inspirational stories and to our sponsors:

@bumbles_balloons.gifhampers @docklands_kyokushinkai_karate @ilford_karate_club
@jaredkwright @jcatt0203 @oldhamkyokushin @nicole_j_higgins @helenwright6127 @lees Priest



PERSONAL GREED AND EGOISM ARE THINGS THAT CAUSE HUMAN BEINGS TO FORGET RESPECT FOR OTHERS AND TO VIOLATE RULES THAT HAVE BEEN ESTABLISHED FOR THE SAKE OF PEACE AND FRIENDSHIP.



The UK Junior Open and BKG Kata Championships will be held on 17th March 2024.

Inc. Kyokushin Rules categories - 10 to 11yrs, 12 to 13yrs & 14 to 15yrs that will be further sub-divided into gender & weight divisions and open to UK kyokushin organisations. Inc. Team Kata in two categories - Green belt and below & brown belt and above. Teams can be a mixture of Seniors & Juniors and any gender. Open to BKG members only.

Entry details: smoothcomp.com/en/event/15218
or scan the QR code



We will be sending a BKG team to the WKB International Open KD tournament taking place in Switzerland on the 6th April 2024. This event has all KD categories inc. Junior Kyokushin Rules. Team to be announced soon!

CALENDAR OF EVENTS

EVERY SATURDAY - KYOKUSHIN FIGHT TRAINING:

Open to all Kyokushin styles
Synergy Gym, Lake Forest House,
Forest Road, Ilford, IG6 3HJ,
2pm to 4pm, fee £10

HIGH GRADE SKILLS SEMINAR:

Brown belt & above. (inc a Safeguarding refresher)
Sunday 4th February 2024
Bu'sen Martial Arts Sports Trust, 244 Stanley Rd,
Twickenham, TW2 5NP,
11am to 2.30pm
This is a FREE course for BKG members
(£20 for Non Members)

NATIONAL GRADING - 1ST KYU & ABOVE:

Sunday 25th February 2024
Docklands Dojo, Barkantine Community Hall,
The Quarter Deck, London, E14 8SR,
11am start

BKG JUNIOR KYOKUSHIN RULES & ADULT / JUNIOR TEAM KATA TOURNAMENT:

(Kata teams can be mixed)
Sunday 17th March 2024
Singh Sabha Sports Centre,
Stoke Poges Lane, Slough, Berkshire, SL1-3LW

BKG CLICKER & KATA TOURNAMENT (Individuals):

Adults Advanced; Juniors Traditional Clicker
Saturday 11th May 2024
Singh Sabha Sports Centre,
Stoke Poges Lane, Slough, Berkshire, SL1 3LW

AGM - via Zoom

Sunday 19th May - from 2pm

INTERNATIONAL SUMMER TRAINING CAMP:

Friday 9th to Sunday 11th August 2024
Essex Outdoors, Danbury, CM3 4AB
Full board & Training only £110

THE BKG OPEN INTERNATIONAL KD CHAMPIONSHIPS

Saturday 9th November 2024
Crystal Palace National Sports, London