

BRITISH KARATE GUILD

NEWSLETTER DECEMBER 2023



The BKG International Open Knockdown Championships at Crystal Palace National Sports Centre was all we hoped it would be. Thank you to all who contributed to its success! Please visit Instagram and Facebook to view our video footage and photos of the day. Some special moments captured below.

SAVE THE DATE FOR THE NEXT BKG OPEN - 9TH NOVEMBER 2024 - CRYSTAL PALACE



The bespoke trophies were fitting for this occasion



The Most Spirited Fighter went to Zaynab Labidi. The trophy was presented by Bryn Hughes MBE in honour of his daughter PC Nicola Hughes



Michael Watson MBE presenting the 1st place raffle prize to Sensei Robert Sue



Fastest KO, Most Technical Fighter & Middle Weight Open Champion: Senpai Chris Da Costa



You really had to be there for this one. And if you were - then you know! If you missed it, you can visit our Facebook page for the video; just look under our Featured Items



Congratulations to Shihans Jeff Whybrow & Stuart Wright on their promotions to 6th Dan



Thank you to all the amazing Referees, Judges, Table Officials, and Helpers! Without you this special day could never have happened

“Human beings are capable of virtually limitless degradation;
they are also capable of virtually limitless improvement and achievement. Success depends on goals and on diligence in pursuing them”.

— Mas Oyama



CALENDAR OF EVENTS

EVERY SATURDAY - KYOKUSHIN FIGHT TRAINING:

Open to all Kyokushin styles.
Synergy Gym, Lake Forest House,
Forest Road, Ilford, IG6 3HJ,
2pm to 4pm, fee £10

BKG WINTER BALL:

Saturday 27th Jan 2024

Tickets only £45!

Novotel Hotel, Round Coppice Road,
Stansted, CM24 1SF

HIGH GRADE SKILLS SEMINAR:

Brown Belt & Above. (inc a Safeguarding refresher)

Sunday 4th February 2024

Bu'sen Martial Arts Sports Trust, 244 Stanley Rd,
Twickenham, TW2 5ND,
11am to 2.30pm.

This is a FREE course for BKG members
(£20 for Non Members)

NATIONAL GRADING - 1ST KYU & ABOVE - NEW DATE !

Sunday 25th February 2024.

Docklands Dojo, Barkantine Community Hall,
The Quarter Deck, London, E14 8SR,
11am start

BKG JUNIOR KYOKUSHIN RULES & ADULT / JUNIOR TEAM KATA TOURNAMENT

(Kata teams can be mixed)

Sunday 17th March 2024

GNG Sports Complex, Trinity Road,
Gravesend DA12 1LU

BKG CLICKER & KATA TOURNAMENT (Individuals)

Adults Advanced - Juniors Traditional Clicker

Saturday 11TH May 2024

Singh Sabha Sports Centre,
Stoke Poges Lane, Slough, Berkshire, SL1-3LW

INTERNATIONAL SUMMER TRAINING CAMP

Friday 9th to Sunday 11th August 2024.

Essex Outdoors, Danbury, CM3 4AB
Full board & Training only £110.

THE BKG BRITISH OPEN INTERNATIONAL KD CHAMPIONSHIPS

Saturday 9th November 2024

Crystal Palace National Sports, London.

For more info email: BKG.Kyokushin@gmail.com

SHOULD YOU WISH TO STAY AT THE NOVOTEL HOTEL, THE BKG HAVE ARRANGED A DISCOUNTED ROOM RATE OF £90 PER ROOM WITH BREAKFAST INCLUDED. (CONTACT THE HOTEL DIRECTLY TO BOOK)

TICKETS £45 INCL. 3 COURSE MEAL & DISCO

INCORPORATING A FUN AUCTION
EMAIL BKG.KYOKUSHIN@GMAIL.COM TO RESERVE YOUR PLACE
ADVANCED BOOKINGS ONLY - TABLES OF 10
DRESS CODE: BLACK TIE

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The BKG Winter Ball is almost upon us...
Who will be our Mystery speaker this time?

VIP

All will be revealed soon!

Our honorary BKG member,
Michael "The Force" Watson
MBE, will also be in attendance!



A sneak preview of some of our bigger & better auction and raffle items! Remember, you have to be there to win

Email: BKG.kyokushin@gmail.com for your tickets before this event sells out.

To book a hotel room (£90 per room inc breakfast & parking) please email : rosie.STEPHENS@accor.com - quoting "BKG Guest Room" within the email subject. A guarantee card is needed to book, but payment will not be taken until check in.