

BRITISH KARATE GUILD

NEWSLETTER SEPTEMBER 2023



THANK YOU TO EVERYONE WHO ATTENDED OUR FIRST SUMMER CAMP. SAVE THE DATE FOR OUR NEXT ONE: FRIDAY 9TH - SUNDAY 11TH AUGUST 2024!

NEXT, DO NOT MISS OUT ON WHAT WILL BE AN EPIC AND HISTORIC OCCASION. THE BKG IS BRINGING "THE BRITISH" OPEN HOME!

INTERNATIONAL FULL CONTACT KNOCKDOWN RETURNS TO THE ICONIC CRYSTAL PALACE NATIONAL SPORTS CENTRE.

TO ENTER, BOOK TICKETS, OR GET MORE INFORMATION - SCAN THE QR CODE ON THE POSTER OR GO TO:

[BRITISHKARATEGUILD.COM/BKGOPEN](https://www.britishkarateguild.com/bkgopen)

HISTORY IN THE MAKING

'THE BRITISH' IS COMING HOME TO CRYSTAL PALACE NATIONAL SPORTS CENTRE



PLUS, TWO CASH PRIZES WILL BE AWARDED FOR THE MOST SPIRITED FIGHTER & THE MOST TECHNICAL FIGHTER, SELECTED FROM THE OPEN CATEGORIES. EACH WILL RECEIVE £1,000 GBP!



"THE HEART OF OUR KARATE IS REAL FIGHTING. THERE CAN BE NO PROOF WITHOUT REAL FIGHTING. WITHOUT PROOF THERE IS NO TRUST. WITHOUT TRUST THERE IS NO RESPECT. THIS IS A DEFINITION IN THE WORLD OF MARTIAL ARTS"
- MAS OYAMA



THE BKG WELCOMES THREE NEW DOJOS



Shihan Jeff Whybrow will be teaching at Bu'sen Martial Arts Sports Trust, Twickenham, TW2 5ND. Tuesdays - 7.30pm to 9.30pm. Contact 07826 146643 or email jeffwhybrowis@gmail.com



Senpais Ade, Lee and Richie will be teaching at St John's Church Hall, St John's Church Rd, Folkestone, CT19 5BQ. Mondays - 7pm to 8.30pm. Contact Ade on 07749193177



Sensei Clifford Browne will be teaching at The Cotswold Sports Centre, Downs Way, Reading, RG31 6SL. Saturdays - 11am to 1pm. Email: readingkyokushinbkg@gmail.com

Check out a few photos from our exhibition fights at the Excel Centre London on the 12th August. This was part of the Tru Athlete Expo. Congratulations to all participants. Your kyokushin spirit was clear for all to see!



CALENDER OF EVENTS

EVERY SATURDAY - KYOKUSHIN FIGHT TRAINING:

Open to all Kyokushin styles
Venue: Synergy Gym, Lake Forest House, Forest Road, Ilford, IG6 3HJ, 2 pm to 4 pm, fee £10

KNOCKDOWN / KYOKUSHIN RULES REFEREES & TABLE OFFICIALS COURSE:

Sunday 29th October.

Venue: Bu'sen Martial Arts Sports Trust, 244 Stanley Rd, Twickenham, TW2 5ND, 11am to 2pm.

This is a FREE course for BKG members

1st BKG OPEN INTERNATIONAL KD CHAMPIONSHIPS:

Saturday 11th Nov 2023.

Venue: Crystal Palace Sports Centre, London, SE19 2BB - THE HOME OF KYOKUSHIN!

NATIONAL GRADING - 1ST KYU & ABOVE: Sunday 3rd December 2023.

Venue: Docklands Dojo, Barkantine Community Hall, The Quarter Deck, London, E14 8SR, 11am start

BKG WINTER BALL RETURNS!

Saturday 27th Jan 2024

Venue: Novotel Hotel, London, CM24 1SF

BKG SUMMER CAMP:

Friday 9th to Sunday 11th August 2024.

Venue: Essex Outdoors, Danbury, CM3 4AB

Email: BKG.Kyokushin@gmail.com