

BRITISH KARATE GUILD

# NEWSLETTER APRIL 2024



Wishing our GB Team competing in Switzerland on the 6th April, safe travels. We know you will represent the BKG with true kyokushin spirit. Results to follow!



We have an **Open Kata course** (Yellow belts and above) being held on the 21st April at The Guru Nanak Sports Centre Gravesend. 11- 2pm. The final hour will be going over the refereeing aspects of kata tournaments.

Instructors for this course will be Shihan's Stuart Wright and Darren Stringer.

Fees: £15 - Adult, £10 - Junior (under 16), Non BKG Adult - £20; Junior - £15. You can pre-book your place by emailing [Bkg.kyokushin@gmail.com](mailto:Bkg.kyokushin@gmail.com)

## BKG NATIONAL CLICKER & INDIVIDUAL KATA CHAMPIONSHIPS - 11TH MAY

Singh Sabha Sports Centre,  
Stoke Poges Lane, Slough, Berkshire, SL1 3LW.

Entry fee: £15

Spectators fee: Adult - £10, Junior - £5, Family - £25.

BKG members only.

Entries via Smoothcomp. The Link has been sent to instructors. Any queries please email

[Bkg.kyokushin@gmail.com](mailto:Bkg.kyokushin@gmail.com)

## NATIONAL GRADING (1st kyu & above)

REMINDER - Please submit applications to the BKG board when a student has met the eligibility criteria and required standard. Once sufficient numbers have been received a grading date will be set .

www.britishkarateguild.com

bkg.kyokushin@gmail.com

April 21st 11-2 pm

**BKG KATA COURSE**

SHIHAN STUART WRIGHT  
SHIHAN DARREN STRINGER

Yellow Belts & Above

Guru Nanak Sports Centre, Khalsa Avenue, Gravesend DA12 1LU

**CLICKER & KATA**  
NATIONAL CHAMPIONSHIP

SATURDAY 11TH MAY 2024

SINGH SABHA SPORTS CENTRE, SL1 3LW

ADULT & JUNIOR CATEGORIES - BKG MEMBERS ONLY

Spectator tickets: Adults - £10, Children - £5, Families - £25





“The art of karate is learning to use the weapons you were born with.”

shihan Nick Da Costa



## **BREAKING NEWS**

**BKG Synergy Gym fight training has now stopped as the association moves towards squad training held periodically at different dojos/venues around the UK.**

However, please note, fight training will continue at the same venue, but on Sundays 10 to 12 noon under the banner of Ilford Dojo & Instructor Shihan Nick Da Costa; 7gymfitnessuk, Lake Forest House, Forest Road, Ilford, IG6 3HJ, fee - £10.

**AGM:** On the 19th May, we will have our AGM (via Zoom) where there is an opportunity to apply to join the BKG board.

A REMINDER - Applications must be received via email 21 days prior to the date of the AGM. Please submit a brief resume outlining your skill set and what you feel you could bring to the role. You must be a current senior BKG member and have your application nominated and seconded by two other BKG senior members. Email Bkg.kyokushin@gmail.com

### **BKG INTERNATIONAL SUMMER CAMP**

Fri 9th to Sun 11th Aug. Book your place now to avoid disappointment! Email: Bkg.kyokushin@gmail.com for an application form.

**BKG International kyokushin Summer Camp**

Friday - Sunday  
9-11th August 2024

12yrs & Over  
WKG Members - £110  
Non WKG Members - £125

Email BKG.kyokushin@gmail.com

## **CALENDAR OF EVENTS**

### **FIRST AID COURSE**

Saturday 13th April  
11.00 - 14.00. £35



Chelmsford Dojo, Tudor Cottage, Blasford Hill, CM3 3PF

To Book - Email: [sjwright1957@gmail.com](mailto:sjwright1957@gmail.com)

### **BKG KATA SEMINAR INCORPORATING A KATA REFEREES COURSE**

Sunday 21st April

Guru Nanak Sports Centre, Khalsa Avenue, Gravesend, DA12 1LU

### **BKG NATIONAL CLICKER & KATA CHAMPIONSHIPS (Individuals):**

Adults Advanced; Juniors Traditional Clicker  
Saturday 11th May 2024

Singh Sabha Sports Centre, Stoke Poges Lane, Slough, Berkshire, SL1 3LW

### **AGM - VIA ZOOM**

Sunday 19th May - from 2pm

### **INTERNATIONAL SUMMER TRAINING CAMP**

Friday 9th to Sunday 11th August 2024  
Essex Outdoors, Danbury, CM3 4AB  
Full board & Training only  
£110 FOR BKG/WKG members,  
£125 for non members.

### **THE BKG OPEN INTERNATIONAL KD CHAMPIONSHIPS**

Saturday 9th November 2024  
Crystal Palace National Sports, SE19 2BB

### **BKG WINTER BALL**

Saturday 1st February 2025  
Novotel Hotel  
Round Coppice Rd  
Stansted CM24 1SF

